

Tupperware®

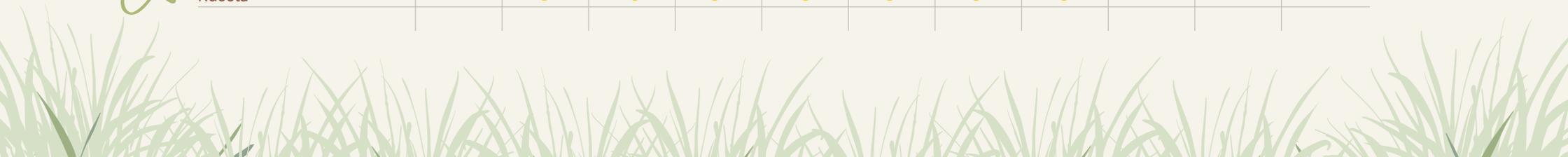
Aussaatkalender für Gemüse, Kräuter & Co.

● Aussaat indoor
Fensterbrett, Frühbeet
oder Gewächshaus
● Aussaat outdoor
direkt im Beet

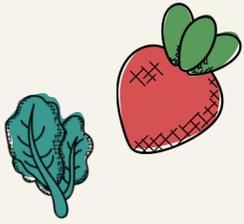
Gemüse

Salat

	Jan	Feb	Mär	Apr	Mai	Jun	Jul	Aug	Sep	Okt	Nov	Dez
Aubergine	●											
Blumenkohl		●	● ●	●								
Bohnen				●	●	●						
Brokkoli				●	●			●				
Chili		●	●									
Grünkohl						●	●					
Gurke				●	●	●						
Kartoffel			●	●								
Kürbis				●	●	●						
Mangold			●	● ●	●							
Möhre			●	●	●							
Paprika		●	●									
Radieschen			●	●								
Rote Bete						●	●					
Spinat			●	●	●	●	●	●				
Spitzkohl						●	●					
Tomate			●	●								
Zucchini				●	●							
Zuckermais			●	●								
Zwiebeln										●	●	
Blattsalat			●	●	●	●			●	●		
Feldsalat							●	●	●			
Pflücksalat			●	●	●	●		●	●			
Rucola			●	●	●	●	●	●	●			



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Kräuter

	Jan	Feb	Mär	Apr	Mai	Jun	Jul	Aug	Sep	Okt	Nov	Dez
Basilikum			●	●	●	●						
Minze				●	●	●						
Oregano		●	●	●	●							
Petersilie			●	●	●	●	●	●				
Rosmarin		●	●	●	●	●						
Salbei			●	●	●	●						
Schnittlauch		●	●	●	●							
Thymian			●	●	●							

Beeren

Brombeere			●	●								
Erdbeere							●	●	●			
Himbeere								●	●			
Johannisbeere								●	●			



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● **Aussaat outdoor**
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